

Relationships Among Personality Factors, Revenge, and Impulsivity on Anger Episodes in Romantic Relationships

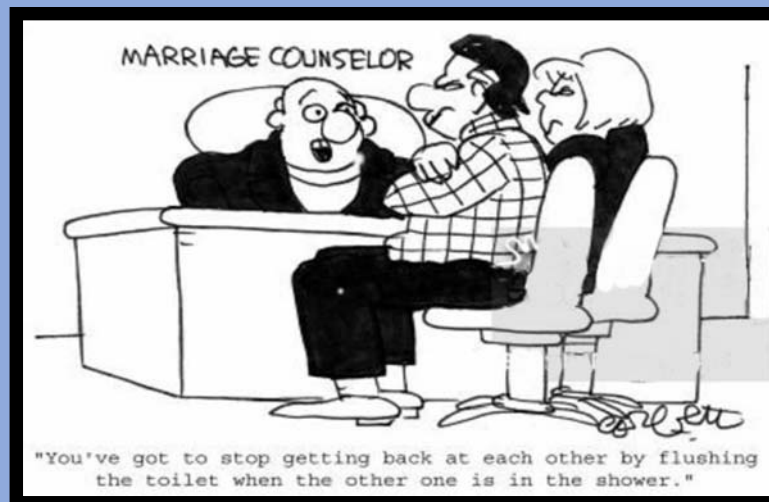
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Romantic Relationships



Romantic Relationships in College Students



Method

- **Big Five Inventory**
 - (John, Donahue, & Kentle, 1991)
- **Trait Anger Scale**
 - (Spielberger, 1999)
- **Anger in Romantic Relationships Survey**

Key Findings

- Frequency of cognitions
- Thoughts about revenge
- Vengeful actions
- Impulsivity
- Sex differences

Descriptive Statistics

	Mean	Std. Deviation	N
Extraversion	24.45	6.26	213
Agreeableness	35.34	5.01	213
Conscientiousness	32.54	5.64	215
Neuroticism	25.01	6.39	214
Openness	32.32	5.89	214
=====	=====	=====	=====
Trait Anger T score	51.79	9.29	223
Anger Intensity	56.27	22.40	118
Anger Duration	2.59	1.32	120

Frequency of Cognitions

Angry Thoughts	N	Percent of Cases
Everyone fights with their romantic partner at some point.	79	65.8%
When my romantic partner acted that way, it was truly awful.	30	25.0%
I can't stand it when my romantic partner acts that way.	72	60.0%
My romantic partner should have been more considerate.	80	66.7%
My romantic partner is such a jerk for acting that way.	37	30.8%
It's not my fault. If my romantic partner acted differently, I would not have been angry.	39	32.5%
Life presents difficult situations to everyone.	54	45.0%
My partner always has my best interest in mind.	37	30.8%
I know that I hold some blame for the anger I felt towards my romantic partner.	55	45.8%

Thoughts about Revenge

- Trait anger and thoughts about revenge towards their romantic partner
- Typical anger outcomes in romantic relationships and thoughts about revenge
- Being physically impulsive towards their romantic partner and thoughts about revenge
- Acting vengefully towards their romantic partner and thoughts about revenge



Vengeful Actions

- Trait anger and acting in a vengeful manner towards their romantic partner
- Anger duration and vengeful behavior
- Typical anger outcomes in romantic relationships and vengeful behavior
- Relationship satisfaction and vengeful behavior



Impulsivity

- Trait anger and acting verbally impulsive towards their romantic partner
- Trait anger and acting physically impulsive towards their romantic partner
- Typical anger outcomes in romantic relationships and verbal impulsivity



Sex Differences

- Females were more likely to report thinking about revenge than males.
- Females were more likely to report acting in a vengeful manner.
- Female participants were more likely to be included in a physical conflict.
- Males were more likely to have been a physical aggressor in a relationship.

Now What?

